Testing for Blue Belt/Black Stripe

Soo do hah dan bahng uh	Knife Hand Low Defense
Soo do sahng dan bahng uh	Knife Hand High Defense
Yahk jin	Knife Hand and Punch
Joon kool jah say	Forward Stance, Front
Ahp ole lee kee	Leg Stretching

Testing for Brown Belt/White Strip

Joon kool jah say joong dan ahp cha kee	Forward Stance, Middle Front Kick
Joon kool jah say sahng dan ahp cha kee	Forward Stance, High Front Kick
Dole ye cha kee	Roundhouse Kick
Kee mah jah say yup ole lee kee	Horse Riding Stance, Side Leg Stretching
Kee mah jah say yup cha kee	Horse Riding Stance, Side Kick

Testing for Brown Belt

Dwee dolah cha kee	Back Pivot Side Kick
Moo sool jung sheen	Spirit of the Martial Artist
Bone kwan (joong ahng do jahng)	Main School
Jee kwan	Regional Headquarters
Boon kwan	Branch School

Testing for Brown Belt/Black Stripe

Go dan jah	Student, 4th Dan and Up
Yoo dan jah	Student, Black Belt
Yoo kup jah	Student, Color Belt
Moo kup jah	Student, White Belt
Kup	Grade (Color Belt)
Dan	Degree (Black Belt)

Testing for Red Belt/White Stripe

Kee cho hyung	Basic Forms
Dole poong	Strong Wind (unexpected)
Chung sahn	Blue Mountain
Bee ho	Flying Tiger
Pak ka kwan	Form Central to UTF
Cheel sung hyung	Seven Stars

Testing for Red Belt

Dwee ho jun	Back Spin Kick
Gahl go ree cha kee	Hook Kick
Bakeh seh aneh ro cha kee	Outside to Inside Kick
Aneh seh bakeh ro cha kee	Inside to Outside Kick
Ee dan	Jumping

Testing for Black Belt/White Stripe

Eel soo seek dai ryun	One Step Sparring
Jah yoo dai ryun (gyoo roo ghee)	Free Sparring
Shee bun kyung ghee	Exhibition
Kyuk pah	Breaking
Jung myun	Front
Wee	Above
Ahn jeh	Sit Down
Suh	Stand Up